



The Newsletter of the Association for Child Psychoanalysis, Inc.

Spring Issue, 2013

Message from the President

Anita Schmukler, D.O.

As I reflect upon the state of child analysis in 2013, it seems to me that the goal of increasing the visibility of ACP is crucial. Our group is comprised of many excellent analysts, and public awareness of what we do deserves greater prominence.

To this end, I have established an Education Committee, chaired by Stephanie Smith. This committee is dedicated to studying the ways in which we can be most effective at teaching child psychoanalysis. It addresses the questions: how do we learn and teach child psychoanalysis most effectively?

Another function of the committee is to find innovative ways of expanding our contribution to public education and outreach, so that we can extend ourselves far beyond the annual meeting. A research component will also be included in the committee's work. This will involve outcome studies.

At this juncture, association committees that work to achieve similar goals will be combined under one leader, thus enabling more efficiency

in function. Various subcommittees will work together to integrate goals and responsibilities. Our hope is that the various components will enhance each other's work, thus decreasing duplication of efforts.

With respect to the newsletter, we underscore that all submissions will be edited, when necessary, and we trust that our work with authors will be collaborative.

All of us are looking forward to an outstanding meeting in San Diego, with excellent, clinically relevant papers and a fine Extension Program.

For this, we thank the Program Committee, under the able leadership of Sydney Anderson and Ruth Karush.

Thanks to the Executive Committee, already at work in active participation in a productive phone conference.

The Nominations Committee has assembled a slate of excellent candidates for the next election, and we appreciate their efforts, under the leadership of Denia Barrett and Susan Sherkow.

The Liaison Committee, chaired by Nat Don-



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A C P Newsletter

The Association for Child Psychoanalysis, Inc.

www.childanalysis.org

A non-profit tax-exempt 501(c3) organization founded in 1965

Officers

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Candidate Councilors 2010 - 2013

Sarah Birss, MD
 Kimberly Chu, MSW

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Submissions

Submissions are most welcome. They should not be longer than 1000 words and should be e-mailed to the editor (prezantphd@gmail.com) as an attached Microsoft Word file (*.doc). The deadline for submissions for the Fall edition is June 30th, and for the Spring Edition the deadline is January 31st.

Committees and Chairpersons

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World Association for Infant Mental Health: Elizabeth Tuters, MSW, RSW
IPA Program & European Federation: Mali Mann, MD, Elizabeth Tuters, MSW, RSW, Dirk Vlietstra, MD, Nelly Vlietstra-Zock, MD
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Newsletter: Michael Colman, MD & Daniel Prezant, PhD
Nominations: Susan Sherkow, MD & Denia Barrett, MSW
Program: Sydney Anderson, PhD & Ruth Karush, MD
Study Groups & CE/CME: VanDyke DeGolia, MD

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son, has continued to make valuable connections for us, linking our association to a widening range of others.

The location for the spring 2014 annual meeting has been finalized. We are pleased to report that this meeting will take place in Washington, D.C. The planning of this Program represents another aspect of the Association's work to increase our visibility.

I invite all Association for Child Psychoanaly-

sis members and candidate members who wish to work on newly forming committees, intended to reinvigorate our Association, to contact me and discuss where your interests and talents might be best applied.

We look forward to the 50th Anniversary of ACP and our expansion and productivity will contribute to this.

Onward!

Anita G. Schmukler, D.O.

Scene from San Diego, Site of the 2013 Meeting



ACP Newsletter Publishing Policy

The ACP newsletter invites all ACP members and ACP candidates to send in articles for publication. While we will make every effort to include your work, we reserve the right to make editorial changes and/or to not publish articles. Publication and editorial changes are based on concerns about confidentiality, clarity, space limitations, printing costs, and how the article fits into a particular issue. All articles should be less than 1000 words and should be sent as an attached Microsoft Word document. The deadline for the Fall edition is June 30th. The deadline for the Spring edition is January 31st. Please send your work to ACP Newsletter Committee Co-Chair Daniel Prezant, Ph.D. at prezantphd@gmail.com Thank you.

The Association for Child Psychoanalysis

2013 Election

Biographical Information

The following biographical sketches are provided to assist with your decision for the 2013 Election. All biographies were submitted by the candidates. Ballots were mailed to ACP voting members.

Candidates for Councilors (3 positions open)

Councilors serve a three-year term (2013-2016).

Only three of the following candidates will be elected to the positions of Councilors:

Carol Arland, PsyD



Carol Arland, PsyD is an adult and child psychologist in private practice in Portland, Oregon. She is on the faculty at the Oregon Psychoanalytic Center and the Seattle Psychoanalytic Society and Institute. She completed her adult analytic training at the Oregon Psychoanalytic Center and her child analytic training at the Seattle Psychoanalytic Society and Institute. She is on the faculty of the Child Psychiatry Residency Training Program at Oregon Health Sciences University, where last year she received the Excellence in Teaching Award. She has presented at the Oregon Montessori Association and the Western Regional Child Analytic Symposium

in Seattle.

Ellen D. Glass, MD

Ellen D. Glass, MD is a psychiatrist and psychoanalyst of adults and children. She lives and works in New York City. Dr. Glass is on the voluntary faculty of the Mount Sinai School of Medicine, where she supervises residents and participates in conferences. In the past she consulted for several clinics of the Children's Aid Society. She is currently in private practice.



Adele Kaufman, LCSW

Adele Kaufman, LCSW is a child, adolescent and adult psychoanalyst



in private practice in Highland Park, IL. She is a Training and Supervising Analyst, Child and Adolescent Supervising Analyst, Chair of the Child and Adolescent Analyst Committee, and former Co-Dean at the Chicago Institute for Psychoanalysis. She has been active in the development and encouragement of the partially integrated curriculum that has been in place for several years and as a faculty member teaches integrated courses for child and adult candidates which introduce child and adolescent analysis and the application of what we learn from child and adolescent analysis in the treatment of adults. Mrs. Kaufman has presented papers at many conferences and seminars on various subjects related to child and adolescent analysis. She has been published in the PSC and presently has two papers in press (*PSC* and *Psychoanalytic Inquiry*) on the analysis of pre-school age children.

2013 Election Biographical Information, Continued on Page 5 . . .

Felecia Powell-Williams, EdD, LPC-S, RPT/S

Felecia Powell-Williams EdD, LPC-S, RPT/S is a child & adolescent and adult psychoanalyst in private practice in Houston, Texas. She also holds the position of Clinical Director for The New School in The Heights. She completed her post graduate education at the Center for Psychoanalytic Studies, formerly known as Houston-Galveston Psychoanalytic Institute, and is recognized by the American Psychoanalytic Association as an adult, adolescent and child psychoanalyst. In 2012 Felecia collaborated with CFPS to develop and facilitate the Cross Cultural Study Group, which addresses the experience of diversity in psychoanalysis. She was recognized as Outstanding Community Partner in 2010 by Child Advocates, Inc. Felecia has provided pre-school consultation for the last 12 years to assist school staff with understanding the emotional experience of the child, which currently includes her work with the nationally awarded program College Bound-Beginning at Birth project in Houston's South side. She has previous clinical and administrative experience at the Mental Health and Mental Retardation Authority of Harris County. Among her experiences teaching on a collegiate level, she has given much professional training, and consulted with many state and local agencies on recognizing the need of mental health services for children and adults. She is currently a faculty member of the Center for Psychoanalytic Studies. Throughout her distinguished career, she has generously donated her time and talents to numerous organizations serving children throughout Texas.

**Nancie Senet, PhD**

Nancie Senet, PhD is an adult and child psychologist/psychoanalyst in private practice in Allenhurst, New Jersey. She completed her training in adult psychoanalysis at the Center for Psychotherapy and Psychoanalysis of New Jersey in 2002 and is currently a member of the faculty. Her training in Child Psychoanalysis was completed in 2010 at the Institute of the New York Freudian Society. In 2004 her article on her research into the development of gender identity, titled "A study of preschool children's linking of genitals and gender" was published in the *Psychoanalytic Quarterly*. In January 2012 she presented her case of the psychoanalysis of an adopted adolescent in a discussion group at the National Meeting of the APsA.

**Carl Tuss, LISW, LPCC**

Carl J. Tuss, LISW, LPCC is a child psychoanalyst, having qualified as a psychoanalyst in 1979 after training at the Hanna Perkins Center (HPC). He joined the faculty at HPC in 1986 and assumed the Chair of the faculty from 2000 to 2012. He also practiced in the profession of education where he was Director of an alternative high school for emotionally troubled youth from 1976 to 1982. Furthermore, as a professional social worker, he served as Project Director for the Not Alone community bereavement program from 1982 to 1985. Currently, he is in private practice practicing child analysis and consultation with five child care agencies in Cleveland.



Candidates for Candidate Councilors (2 positions open)

Candidate Councilors serve a three-year term (2013-2016).

Only two of the following candidates will be elected to the positions of Candidate Councilors:

Paul A. Dube LMSW, LISW



Paul A. Dube LMSW, LISW, is a child psychotherapist in private practice in Huntington Woods, Michigan. He is an advanced candidate in child psychoanalysis at the Hanna Perkins School in Shaker Heights, Ohio. He is published in *The Journal of Child Psychoanalysis*. Mr. Dube is former president of the Association for Psychoanalytic Thought. He founded SO-FAR-Michigan, an organization that provides free mental health services for families of reservists returning from Afghanistan. He is a former instructor at the Michigan Psychoanalytic Center-extension division. He has consulted at psychoanalytic preschools, including Allen Creek. He is currently writing a children's book titled *"When Mommy Leaves She Always Comes Back."*

Diane Jacobs Kopp, MSW

Diane Jacobs Kopp, MSW, is a psychoanalyst for adults and has one clinical requirement to complete her training in child and adolescent psychoanalysis at the Contemporary Freudian Society. Her advanced training has contributed to her keen interest in child, adolescent and adult development as well as to the use of herself to further the therapeutic process. The majority of her time is in private practice of psychoanalysis and psychotherapy, working with individuals of all developmental phases, couples and parents as well as supervising clinicians. She is an Associate Clinical Professor of Psychiatry at Saint Louis University School of Medicine, where she teaches and supervises residents, and is a Faculty Member of the St. Louis Psychoanalytic Institute. She is a member of local, national and international professional organizations. Under the auspices of the St. Louis Psychoanalytic Institute, for many years she has participated in the Child Analytic Study Group, where a specific issue is discussed in depth during the course of a year. One of her special interests is school-based literature programs. Additionally, she has a strong commitment to share what she has learned and to learn from others by leading discussions of novels and films from psychological, social and cultural perspectives and by giving many talks in the community on such topics as: *"The Many Meanings of Play"*, *"Helping Children Put Feelings into Words"*, and *"Betwixt and Between: Coping with the Transition to Adolescence."*



Adam Libow, MD

Adam D. Libow, MD is currently a senior candidate in adult and child / adolescent analysis at the New York Psychoanalytic Institute. As a candidate Dr. Libow has been appointed to the curriculum review committee, the recruitment committee, and the ethics committee. He served as a reporter at the January, 2013 American Psychoanalytic Association Child and Adolescent Panel, "Transference in Child and Adult Analysis: Current Views". Dr. Li-



2013 Election Biographical Information, Continued from Page 6 . . .

bow attended Weill Cornell Medical College and then trained in general adult psychiatry at the Payne Whitney Clinic / New York Presbyterian Hospital - Cornell before completing a fellowship in child and adolescent psychiatry at the Mount Sinai Hospital, where he served as chief resident. Dr. Libow supervises residents and fellows and maintains a private practice in New York City, where he sees adults, children, adolescents, and parents.

Kenneth Roberson, PhD

Kenneth Roberson, PhD, is a psychologist in private practice in San Francisco. He is a graduate of the San Francisco Center for Psychoanalysis in adult psychoanalysis and currently a candidate in child psychoanalysis at the Center. He was served on various committees, including the Board of Trustees, and has been co-coordinator of the child psychoanalysis colloquia series at SFCP for the past six years. His clinical interests focus on the psychoanalytic treatment of Autism Spectrum Disorders and associated conditions.



Activities of our Members: Spotlight on Child Analysis
IPA COCAP Committee

Florence M. Guignard, Chair of the IPA COCAP Committee, recommended integrating child with adult psychoanalytic training to promote child analysis. In the United States, Michigan was the first to do this. Pittsburg, Boston and Cincinnati have also adopted the joint training model. San Francisco is in the process of doing so.

Florence informed us about her program in Paris, which has 43 members and has been a tremendous success in training child analysts. The candidates are required to go through analysis with an IPA psychoanalyst. Florence's model has been a big success in Europe and could be used elsewhere.

There was a discussion about possible resistances of adult analysts to integrating the child analytic perspective and development.

There will be four child and adolescent panels at the IPA Prague Congress in the summer of 2013. Each panel will have adult and child analysts. Kerry Kelly Novick, who will be a discussant on one panel, Mali Mann, who will present an adolescent case, and Dirk Vlietstra, who will chair another panel, will represent the ACP. Majlis Salomonsson, Christine Anzieu Premmereur, Anna Nicolò, Silvia Flechner, Virginia Ungar, and Nilde Parada Franch, will also be on the panels.

Mali Mann, MD

The 2013 Annual Meeting of the ACP in San Diego

Join us at the upcoming Association for Child Psychoanalysis annual meeting, which will take place May 3-5, 2013, at the San Diego Hilton Resort & Spa in San Diego, California. The topic for the meeting is: *Psychoanalytic Technique with Children and Adolescents in the 21st Century*. The program will also feature Ruth Karush, MD, this year's Marianne Kris Memorial Lecturer. This year, there will be a Sunday afternoon extension program on *The Other Side of Child Psychotherapy: Psychodynamic Approaches to Working with Parents*.

The San Diego Hilton Resort & Spa is a bay-side retreat, complete with a world-inspired spa, championship tennis courts, numerous beach activities and waterfront fine dining. We are encouraging ACP attendees to take advantage of the recreational activities available at the resort. Acqua restaurant features a contemporary Mediterranean cuisine with an Austrian twist. The Olive lounge hosts an extensive bar and martini menu and New American cuisine. Aroma coffee house is proud to serve Starbucks® coffee for your early morning or afternoon treat while relaxing in a contemporary coffee lounge. Visit the Marketplace where you can find a great selection of Tommy Bahama, Roxy and other stylish gear and souvenirs. The Marketplace has sundries, grocery and snack items for "grab and go" convenience during your stay. San Diego is beautiful year-round. The temperature is perfect and the lovely resort pool is inviting.

On Saturday afternoon, May 4th, there will be an organized guided Trolley Tour and Harbor Cruise. Trolley conductors combine colorful anecdotes, humorous stories and well-researched historical information into a narrative tour that's entertaining and educational. This tour will include Old Town, Balboa Park and the Gaslamp Quarter. The tour continues when the trolley drops participants off to board a magnificent cruising vessel for a scenic tour of the bay. Enjoy panoramic views of the skyline; close up views of the Coronado Bridge, ship yards, national monuments, and more. A separate fee is required for a

tour ticket.

NEW for 2013! Join your ACP friends for an optional outdoor evening event at the hotel on Saturday, May 4th at 7:00 p.m. This is a great opportunity to casually mix and mingle while enjoying a "California-Style Mexican Fiesta" dinner buffet. A separate fee is required for a dinner ticket. It will be another chance to visit with ACP attendees and enjoy an evening outdoors.

Registration materials have been mailed--be on the lookout for your invitation! This annual meeting promises to be one of the very best, and we hope that you will attend.

Tricia Hall, CAE, CMP
ACP Administrator

Hotel Information

1775 East Mission Bay Drive
San Diego, CA 92109

Main Hotel Line: 619-276-4010

Reservations: 619-275-8522

Room Rate: \$175.00 per night for single/double occupancy (plus applicable taxes)

If you would like to reserve your hotel room by telephone, please feel free to contact the hotel at 619-275-8522. The hotel offers rooms in the Tower for easy elevator access and high-rise views of the Bay. Other rooms at the hotel are located in villas scattered throughout the property and offer a bungalow-type of experience. The tower is the closest building to the meeting space where the ACP meetings will be held. All room types feature the same amenities; rooms vary in location on the hotel grounds. You can go online to view the hotel room descriptions at www.sandiegohilton.com

If, when you call the hotel and rooms are sold out, please call Tricia Hall at 505-301-9174, and she can assist you in securing a room reservation.

The Executive Committee, Councilors and Committee Chairs in Action

January 18, 2013

Waldorf-Astoria Hotel, New York City



I to r, Tricia Hall, Administrator, Anita Schumukler, DO, President, and Dan Prezant, PhD, Co-Chair of the Newsletter Committee



I to r, Ruth Karush, MD, Laurie Levinson, PhD, Robin Turner, MSW, PsyD, and Mali Mann, MD



I to r, Robin Turner, PsyD, Mali Mann, MD, Van DeGolia, MD, Shoshana Shapiro Adler, PhD, Barbara Streeter, LPCC, H el ene Keable, MD



I to r, Stephanie Smith, MA, LICSW, Alan Sugarman, PhD, Susan Sherkow, MD, Norka Malberg, PsyD, Nat Donson, MD, Jonathan Sugar, MD, Leon Hoffman, MD



I to r, Sarah Birss, MD, Kimberly Chu, MSW, Ruth Karush, MD, Laurie Levinson, PhD



I to r, after Leon Hoffman, Denise Fort, PhD, Laurie Orgel, MD

Reports of Some ACP Committees

The Liaison Committee

The Liaison Committee was organized about fifteen years ago in order to enrich and coordinate child psychoanalytic outreach and the exchange of ideas with members and organizations of related mental health disciplines.

Historically, ACP-sponsored child psychoanalytic programs have taken place at annual programs of the American Psychoanalytic Association (by Marty Silverman, MD, Ruth Karush, MD, Mrs. Kerry Novick, Mrs. Erna and Robert Furman, MD and others), The International Psychoanalytic Association (first by Peter Blos, Jr., MD and Elizabeth Tutters, currently by Mali Mann, MD and Dirk and Nellie Vliestra), and The International Association for Child and Adolescent Psychiatry and Allied Professions (by Stephanie Smith, MA, LICSW).

Erna Furman once said to us that liaison work depended on three things: “Relationships, relationships and relationships.” The most welcome and effective liaison work entails an exchange of experience and research findings with our colleagues in other mental health fields. We try to keep the visibility of child psychoanalysis high, stimulate recognition of what child analysis can offer to troubled children, interest both adult analysts and non-analysts in referring patients, and, particularly, encourage psychiatrists, psychologists and social workers to train in child psychoanalysis.

ACP Liaison Committee members have been

very active over the years - gaining appointments on committees and boards of their related disciplines, and making friends for child psychoanalysis with many non-ACP colleagues. ACP has sponsored child psychoanalytic panels and workshops at Division 39 - Section 2 (Child psychoanalysis), of the American Psychological Association (Norika Malberg and Brenda Lepisto), the World Association for Infant Mental Health (Elizabeth Tutters), The American Association of Child And Adolescent Psychiatry (Barbara Deutsch, Nat Donson, Sergio Delgado, Carol Austad, Rachel Ritvo, Helene Keable). Contact has recently been made with the American Association for Psychoanalysis in Clinical Social Work (Karen Baker).

Liaison relationships are difficult to create and sustain. Our continuing efforts have required a lot of work. There is always more to do! We have considered extending our outreach into several other related disciplines (Pediatrics, National Association for the Education of Young Children, etc.).

The Liaison Committee is always seeking additional ACP members who will apprentice themselves to our group members and allow us to continue this important work with our related disciplines. We very much need younger ACP members to bring in new ideas and to continue building these relationships.

Nathaniel Donson, MD

CE/CME Committee

The American Psychological Association has given the ACP approval to grant Continuing Education Units (CEUs) for the ACP annual meeting during the next five years.

News from the Child Analytic Program of the New Center for Psychoanalysis in Los Angeles (NCP):

Procedures were developed for an Expedited Developmental Pathway to become a Child and Adolescent Supervising Analyst.

A full-day conference on Reflective Network Therapy (RNT) was held. Gilbert Kliman, MD, who developed RNT, was our keynote speaker and the discussants were John Greinenberger, PhD, who developed Reflective Parenting, and Diane Reynolds, MFT, who developed Mindful Parenting. RNT is a treatment modality in which children are seen in 20 minute psychoanalytic sessions in the classroom 4-5x/wk, teachers meet daily in briefing sessions with the child analyst, and parents are seen weekly in collateral parent therapy. Approximately 35 people attended the conference. The conference was co-sponsored by the Saint John's Child and Family

Development Center's Therapeutic Preschool.

A study group formed called "Working with Children" for non-NCP child therapists. This study group meets monthly, is facilitated by two child analysts, and is designed to provide a place for child therapists to learn about child analysis and obtain supervision on ongoing cases. Five to seven therapists have attended the study group regularly.

An NCP Child and Adolescent Fellowship was created for child therapists interested in learning about child analysis and possibly pursuing analytic training. Fellows meet regularly with a mentor, attend monthly NCP scientific meetings, participate in the Working with Children Study Group, and take a monthly introductory course on child analysis.

Also, a 2-year NCP Child and Adolescent Psychoanalytic Psychotherapy Program (CAP-PP) is being developed. In the Fall of 2013, there will be a presentation of the work of Maurice Sendak by Era Lowenstein, Ph.D. Furthermore, the NCP is working with the San Francisco Center for Psychoanalysis to share the expenses of bringing child analysts to the west coast to give presentations.

Van DeGolia, MD

American Academy of Child and Adolescent Psychiatry

The October 2012 AACAP San Francisco meeting panel (*Contributions from Child Psychoanalysis: Late Adolescence - Leaving Home: Readiness v. Breakdown*), organized and chaired by Nat Donson, MD, received its usual good reviews by the 100 people in attendance. The panel proposed for 2013 will concern the complexities of integrating psychotherapy with medication management. Two child cases will be presented and discussed by three child analysts.

Our liaison members, Nat Donson, MD, Ser-

gio Delgado, MD, Hélène Keable, MD, Rachel Ritvo, MD, and Mali Mann, MD participate as very active members of AACAP's Psychotherapy Committee. We have contributed to organizing panels, workshops and symposia on the subjects of family and psychodynamic psychotherapy at AACAP meetings.

Hélène Keable has continued her work with the preparation of AACAP Practice Parameters. The next one will concern "Adolescence."

Rachel Ritvo, MD

THREE FACES OF GUILT:

Punishing Oneself, Blaming Others and Making Reparation

43rd Annual Margaret S. Mahler Symposium on Child Development, 2012

William Singletary described his use of Pinocchio, along with detailed analytic material, as a vehicle to assist his young patient diagnosed with Asperger's syndrome, to turn from a wooden puppet at the start, into a "living boy with a good heart" after the long, loving and hard work during 16 years of analytic treatment. He described Carlo Collodi's Pinocchio story as a rich metaphor for a basic developmental process, during the life cycle as in therapeutic change, that can inform our understanding of therapeutic objectives and application of technique. Used as a therapeutic tool with patients, it can bring to life common emotional conflicts and serve as a guide for process of change during the course of treatment. It demonstrates that true change, with hard and long work, is possible.

Pinocchio's "getting a good heart" is akin to the acquisition of a benevolent superego as a therapeutic achievement. Love is a curative force that is central to the analytic process as well as a goal, i.e., optimizing the patient's capacity to love and be loved. A hateful heart can be shown in the course of treatment to be filled with destructive rage because of perceived or actual threat to availability of objects one loves most. The sustained give and take of the therapeutic process makes painful affects containable and helps structure formation, thereby opening the way for developmental progression. Transference interpretation of attacks on the therapist in response to being both loved and loving become the central focus of the treatment. Interpretation of hatred as a defense against loving is indispensable to the formation of "good guilt" in the form of remorse that leads to a longing for reparation. Mahler considers object constancy to be present when the object is still longed for and not rejected simply because it is absent. This process implies choice...opting

to feel sad rather than resorting to defensive hatred.

We are born with two operating systems of self regulation. "Loving object constancy" is based on reality, acceptance of loss and sadness in life, a benevolent conscience, responsible choice and effort. "Hostile object constancy is based on magic, omnipotent control, denial of need and sadness along with a destructive conscience that is both harsh and lenient. The more we choose to use one of the two pathways, that pathway becomes the default mode, both psychologically and neurologically.

The clinical material accompanying Singletary's presentation contained numerous samplings of his patient's fantasy, play, touchingly poignant thoughts, and later on, his mature productions of considerable quality and talent. His immersive fascination and boundless intimacy with his patient's productions stood as testament to his encompassing love and "loving" which he advocates as a "central force" and indispensable in analytic treatment.

Using detailed notes, Desy Safan-Gerard presented convincing material contained in four successive sessions with her patient in one week, to show the process of helping him bear his sense of guilt. She noted that evasions and other defenses against guilt make the analyst prey to sadomasochistic enactment whereby the patient expiates the guilt via returning to lack of recognition of what he or she has done to his or her objects. Recognition of such defenses needs to be balanced with the same amount of attention to the incipient experience of guilt and the loving feelings embodied in this guilt. Guilt is more bearable when destructiveness is diminished by mobilization of love which mitigates such destructiveness. Experience of conscious guilt is a crucial moment in analysis when hate and love have finally come

Mahler Symposium, Continued on Page 13 . . .

Mahler Symposium, Continued from Page 12 . . .

together and love begins to surmount hatred. Patients can then bear the guilt and move toward reparation.

The analytic material illustrated the vicissitudes of guilt and how the patient comes in contact with it, avoids it and then uses various defenses. From a Kleinian point of view, interpreting expressions of guilt, merely as a result of a harsh superego, bypasses the opportunity to experience guilt and then restore and reconstitute objects of one's destructiveness. Ruthlessness will increase unconscious guilt which decreases its variability. Mobilizing the love can prevent a sado-masochistic enactment in the transference. In the case of the patient under discussion, his unconscious envy and jealousy would not allow him to fully move into a depressive position and show concern for his objects.

Hatred towards objects arises from narcissistic injury in recognition of their goodness and one's need for them. Making the jealousy and envy conscious and thereby experiencing them will prevent them from becoming destructive. Once envious attacks due to jealousy diminish, one may be able to experience the guilt for such attacks, a loving concern for the object and move toward reparation.

Stanley Coen defined the analyst's optimal superego stance as using his own needs, wishes and temptations in order to understand himself in the service of helping his patient. Superego signals help guide him and maintain the conviction that he will not act on his temptations. Colleagues are encouraged to scan themselves and to identify with analysts in trouble, so as to rehearse catching vulnerabilities, needs and desires at work with analysands. All of us are at risk to cross or violate our patient's boundaries when we are sufficiently needy and vulnerable, often in non-sexual ways. The more the analyst can be tolerant of what he finds in himself, the more tolerant and helpful he can be with his patient. To be able to tolerate his needs and temptations he must be confident

that he can contain them and to repeatedly allow themselves to feel such longings deeply, whether alone or with their patients. It is reassuring to keep discovering that feelings and wishes can be temporary and reversible, merely temptations rather than prelude to ominous action. Analysts get into trouble when they are not made anxious by their temptations and do not say "no" to themselves about enacting them. Superego signals can be thought of as helpful devices from the moral, restraining, punishing, loving and guiding part of ourselves that criticize what the analyst observes in himself and in his patient.

Analysts are in trouble when they become stuck over an extended time, unable to extricate themselves from what is wrong so as to address it with their patient since they cannot see that they have become caught up in an enactment which they have been perpetuating. Vignettes of analysts in trouble may reveal what is in the way and at least allow the listener to imagine his way into the clinical scene in order to grasp his own potential vulnerability and disturbance. Readers or listeners can use colleague's vignettes to imagine their own difficulties with such a patient. Denial and minimization of concern about transgression blocks us from appropriate anxiety in the face of imminent danger of boundary crossing or violation. There has been a dangerous omission in the literature – to talk of loving psychoanalysis without also considering hating it. It would be helpful for us to discuss and bear our hatred for psychoanalysis as well as for our patients. We can hate psychoanalysis for demands it places on us just as we esteem it for asking us to know ourselves and not to live out our dark side, but to acknowledge, contain and manage it. We are required to continually confront what we least wish to fully face in ourselves.

The better prepared we are to accept our needs and limitations, the better we function as analysts. A loving, guiding, appropriately critical superego stance of the analyst at work should be

Mahler Symposium, Continued on Page 16 . . .

Immigration

A June 2012 American Psychoanalytic Association panel on immigration focused on the impact of immigration on mothers and their adolescents by examining analyses of immigrants. The challenges faced by an immigrant family can make unique demands on clinical technique.

Ben Garber presented his research on children of immigrants and reported that there has been a dearth of research and clinical data on this important topic. While some adolescents have a much more difficult and complicated task than their younger siblings in establishing a solid sense of self, most of the time they manage to accomplish this unless there is pre-immigration pathology.

Mali Mann, MD described the analysis of an adolescent male and her work with his parents. She reviewed the potential impact of immigration on psychic structure. She emphasized that immigration is a complex bio-psycho-social process which has a profound influence on identity formation as it mobilizes a destabilization of psychic structure.

Bhaskar Sripada, MD described a case of a young man who was tormented to establish his gender identity. Dr. Sripada juxtaposed notions from Hinduism with psychoanalytic ideas.

Mrs. Kerry Novick noted that if the culture of the new host country is hostile it could adversely affect the psychological equilibrium of the parents. She stressed that factors of development must be considered. Mrs. Novick raised important questions about whether the young person would be able to leave old solutions behind and engage fully with internal and external reality or would she cling to earlier defenses. The panel discussed the roles of the cultural match between analyst and family and the pre-existing parental psychopathology. Kerry concluded by offering a rich array of working with children and parents from different cultures.

Mali Mann, MD

ACP 2014 Call for Proposals

The ACP Program Committee welcomes proposals for the 2014 Annual Meeting, which will take place May 2 – 4, 2014. The location will be in Washington, D.C. The title of the conference is *Children and Violence: Inner Life in a Troubled World*. The theme of the conference is analytic work with children whose internal lives are organized around conscious and unconscious reactions to disturbing and violent environmental events. Preference will be given to proposals that are related to this theme.

The deadline for proposals is April 26, 2013. Proposals should be at least three double-spaced pages in length and should include one or two detailed examples of the analytic process in addition to a brief dynamic case formulation. For the sake of privacy and confidentiality, please delete or change any non-essential identifying information. In addition, please attach a cover letter that lets us know whether or not the paper has been previously presented in any other venues and specify those venues. Proposals should be sent to Ms. Tricia Hall at childanalysis65@gmail.com

If you have any questions, please contact ACP Program Committee Co-Chairs, Sydney Anderson at Sydney-anderson@comcast.net or (812) 331-2800, or Ruth Karush at r.karush@mac.com or (212) 879-8524.

We hope that you will consider submitting a proposal and we would be glad to assist you in the development of your proposal.

Sydney Anderson, PhD

Welcome New Members

Candidate Members

Ann Martini, LCSW

Sabina Preter, MD, PhD

Kenneth Roberson, PhD

Regular Members

Carol Arland, PsyD*

Ira Brenner, MD*

Katharine Gould, MSW

Roderick Hall, MD

Rosaleen (Rusty) Horn, LP, MSED

Mark Smaller, MD*

* Elevation to Regular Member

Sponsors

Jan Baeuerlen, MD and Christina Lapidés, LCSW

Ruth Karush, MD and Steven Wein, MD

Stanley Leiken, MD and Mali Mann, MD

Sponsors

Catherine Henderson, PhD and Robert Tyson, MD

Lee Ascherman, MD and Anita Schumkler, DO

Stanley Leiken, MD and Andrea Weiss, PhD

Calvin Colarusso, MD and Steven Elig, MD

Ruth Karush, MD and Wendy Olesker, PhD

Jack Novick, PhD and Kerry Kelly Novick

Please note: These members were invited to join the ACP after the conclusion of the previous six-week Fall comment period October 8 – November 19, 2012. The next comment period will include applications sent in after November 2012 and is scheduled for March 4 – April 15, 2013.

In Memoriam

We are very sad to announce the following ACP members have passed away:

Elizabeth Daunton, M.A.
Cleveland, Ohio

Judith Wallerstein, Ph.D.
Belvedere, California

Cecily Legg, M.S.W.
Ann Arbor, Michigan

* This updated list is based on notifications received since the last ACP Newsletter (Fall, 2012).

A C P Newsletter

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Mahler Symposium, Concluded from Page 13 . . .

able to manage the Masud Khan in all of us, some or much, but not all, of the time, rather than so gleefully expel him from our ranks.

Formal discussions of each paper were broad and extensive in scope and audience participation was lively and skillfully moderated by Salman Akhtar. Irrespective of the pervasive overlap of conceptual models and general convergence of technical considerations, each of the three presentations took up a unique and illuminating aspect of the topic within a particular context. Singeltary highlighted the centrality of a loving relationship in maintaining and promoting the analytic process and its transformative capacity to convert the persecutory sadistic superego of a developmentally disordered child to one with a benign and loving quality in his young adulthood, guided, enabled and empowered by “good guilt” and libidinal object constancy rather than beleaguered and berated by “bad guilt” and “hostile object constancy”. From a Kleinian perspective Safan-Gerard similarly elaborated on the triumph of love over hate as the indispensable element in the acquired capacity to bear and tolerate guilt. She presented exquisite clinical notes to exemplify technical pitfalls and illustrate appropriate intervention. Coen’s paper focused mainly on the need to establish and maintain access to superego signals that serve to warn us against the unacceptable parts of ourselves which when denied or minimized lead to enactment and crossing or violation of boundaries. Rather than dismissing our errant colleagues and gleefully distancing ourselves from them, Coen encourages us to imagine our way into such clinical debacles with the purpose of rehearsing and catching our own potential vulnerabilities so as to learn to bear and then more confidently contain them.

M. Hossein Etezady, MD